



**Group Retiree Medical
Optional Benefits
2010 New Business Monthly
Rates effective 10/1/2009**



Additional Skilled Nursing **\$6.83 per month**

Covered after SC Plan deductible, from 101 through 365 days; up to \$125 per day

Private Duty Nursing **\$7.88 per month**

Covered after SC Plan deductible, \$100 per 8 hour shift; 30 shifts per calendar year

At Home Recovery **\$17.33 per month**

Covered after SC Plan deductible, up to \$40/visit and 7 visits per week;
\$1600 per calendar year maximum

Comprehensive Wellness **\$12.60 per month**

Subject to a calendar year maximum benefit amount of \$250 (not subject to a plan deductible)

Wellness Care includes, but is not limited to:

- Alternative health care such as massage and acupuncture
- Dental and vision check-ups
- Annual physical examinations
- Chronic disease self-management programs
- Alcohol dependency, substance abuse prevention and violence prevention counseling

Medical Coverage Underwritten by Guarantee Trust Life Insurance Company
Offered through the Merchants Industry Fund Group Insurance Trust
Administered by Gilsbar, Inc.

For more information, contact Seniors Choice at 1-800-800-6543 or visit www.seniorschoiceplan.com.